FIVE TIPS FOR EXTRA **STICKING POWER**



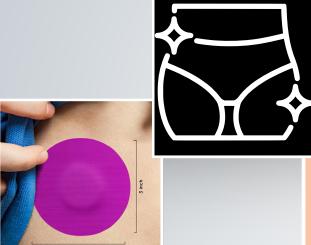
BASIC SKIN PREP

To give your sensor the best chance of sticking, make sure to prepare your skin well, including:

- Shaving excess hair from the area
- Washing with soap and water to remove oils and lotions
- Make sure the area is completely dry

BARRIERS CAN DOUBLE AS STICKING AGENTS

Some of the barrier wipes described above also increase the sticking power of your sensor. Apply to the skin and let dry thoroughly before inserting the sensor.







EXTRA TAPE

There are several types of tape and patches that can be applied over the sensor tape.



TAPING TECHNIQUE

How you add extra tapes matters as well. If you cutting your own tape, consider the "picture frame" approach around the transmitter, by holding down the 4 sides of the sensor adhesive. Sometimes device specific patches come pre-cut into the shape that you want. This usually means there is a hole cut out in them idle for the transmitter, but sometimes also covers the transmitter.



NON-TAPE SOLUTIONS

If sensors are worn on the arms, non-adhesive wraps or covers can be used to help the sensor stay on the skin. Be careful to not wrap the arm too tightly, as this can cause the sensor to poke into muscle tissue and read falsely low glucose readings.